

Gorge Youth Mentoring (G.Y.M.)



Mentoring Helps Youth Succeed!

Children and teens who participate in one-on-one mentoring benefit from:

- Increased self-esteem and social skills
- Better school attendance and performance
- Reduced substance abuse and delinquency



How does G.Y.M. work?

- Adult mentors are matched with youth (ages 6-21) based on interests and personalities
- G.Y.M. staff interview and thoroughly screen volunteers to ensure youth safety
- Mentors and youth plan their own activities, meeting at least twice a month for a year or more
- G.Y.M. staff provide consistent support and accountability for the youth and mentors

There is a young person waiting to be matched with YOU today!

To get involved or to make a youth referral, contact:

- Wasco/Klickitat County Match Coordinator: 541-399-0259
- Hood River County Match Coordinator: 541-490-9979

gym@nextdoorinc.org
www.nextdoorinc.org/gym